

# PRACTICAL TRAINING PROGRAM

Mexico

Dr. Sche

Advanced Composite Restorations

Anterior Teeth - Bleach Restorations - Veneers - Posterior Teeth

## Full Description

This legendary course has long established itself in various countries as the world's most comprehensive and in-depth program for those who truly want to learn how to create beautiful, natural, and functional composite restorations. The timing of each day's work has been increased, with classes held from 09:00 to 22:00. From morning to evening, the days are filled with in-depth scientific analysis, study of protocols and techniques, microscope demonstrations, and a very large amount of practice - 60% of all time is practical training. Course participants will also be equipped with microscopes, binocular loupes, various materials, and all kinds of tools to achieve high-quality results. Viktor works in a unique manner, addressing each participant's mistakes individually and constantly providing constructive feedback.

### Course Format

09:00-22:00 daily | 60% practical training | Microscope demonstrations | Individual feedback

## Program Overview

Day One - Fundamentals of Anterior Teeth Restoration. Segmental Restorations in Natural Shades.

Day Two - Bleach Restorations, Veneers

Day Three - Posterior Teeth Restorations

# Day One: Fundamentals of Anterior Teeth Restoration. Segmental Restorations in Natural Shades.

09:00-11:00	<p><b>First Theoretical Block</b></p> <p>Part 1: Optics of Tooth Tissues and Composite Materials</p> <ul style="list-style-type: none"> <li>• Anatomy of transparency: visible internal structures of anterior teeth, optical and histochemical characteristics of tissues, appearance details and variations.</li> <li>• Protocol for selecting the shade of composite material.</li> <li>• Analysis of the optical density of various composite shades.</li> <li>• Optical and chromatic construction of restorations using the DeepFakeOptics technique.</li> <li>• Explanation of all stages, features, and advantages of the technique.</li> <li>• Features of imitating the dentin body and mamelons.</li> <li>• Techniques for characterizing mamelons.</li> <li>• Layer configuration for teeth with different degrees of transparency and reproduction of the Halo effect.</li> <li>• Corrections of composite material: proper approach to adjustments and refinements.</li> <li>• Effective adhesive preparation protocol at different stages: within 2 hours after polymerization; from 2 hours to several years.</li> </ul>
11:00-11:30	<p><b>Coffee Break</b></p>
11:30-13:30	<p><b>Second Theoretical Block</b></p> <p>Part 2: Morphology of Anterior Teeth</p> <ul style="list-style-type: none"> <li>• Morphology of anterior teeth, variations in the relationship of elements, and texture.</li> <li>• Imitation of the natural irregularity of the incisal edge and perikymata.</li> <li>• Atlas of forms and surface characterizations.</li> <li>• Texture analysis.</li> </ul>
	<p>Part 3: Finishing of Restorations</p> <ul style="list-style-type: none"> <li>• Creating invisible transitions when reproducing segmental restorations without total vestibular coverage.</li> <li>• Analysis of tools for grinding and polishing.</li> <li>• Principles and protocols for the most effective finishing.</li> <li>• Special techniques and methods.</li> </ul>
13:30-15:00	<p><b>Practical Demonstration</b></p> <p>By the lecturer through a microscope</p>
15:00-16:00	<p><b>Lunch</b></p>
16:00-20:00	<p><b>Practical Session</b></p>
20:00-20:30	<p><b>Dinner</b></p>
20:30-22:00	<p><b>Practical Session</b></p>

## Day Two: Bleach Restorations, Veneers

09:00-11:00	<p><b>First Theoretical Block</b></p> <p>Part 1: Shade and Layer Recipes</p> <ul style="list-style-type: none"> <li>• Why the palatal index technique is frequently ineffective for creating bleach restorations.</li> <li>• Alternative approaches.</li> <li>• Implementation of composite veneers in light and white shades using the DeepFakeOptics technique.</li> <li>• Features of isolating the working field with a rubber dam when performing bleach veneers.</li> <li>• Preferred composite shades.</li> <li>• Methods for controlling thickness and optical density for uniform coverage of the original tooth shade.</li> <li>• Methods for forming contact points, extending material to proximal surfaces, and using various matrices and techniques.</li> </ul>
11:00-11:30	<p><b>Coffee Break</b></p>
11:30-13:00	<p><b>Second Theoretical Block</b></p> <p>Part 2: Fundamental Chemistry of Composite</p> <ul style="list-style-type: none"> <li>• Analysis of chemical-physical properties and behavior of composite under different circumstances.</li> <li>• Detailed and visual reference with a large amount of precise data on the fundamental chemistry of composite materials.</li> </ul>
13:30-15:00	<p><b>Clinical Workflow Practical Demonstration</b></p> <p>By the lecturer through a microscope</p>
15:00-16:00	<p><b>Lunch</b></p>
16:00-20:00	<p><b>Practical Session</b></p>
20:00-20:30	<p><b>Dinner</b></p>
20:30-22:00	<p><b>Practical Session</b></p>

## Day Three: Posterior Teeth Restorations

09:00-11:00	<b>Theoretical Block</b> <ul style="list-style-type: none"><li>• Detailed analysis of the anatomy and function of posterior teeth.</li><li>• Overview of movements and the functional role of each anatomical element of the occlusal surface.</li><li>• Overview of restoration techniques for defects of various sizes.</li><li>• Controlling the spatial positions of constructed anatomical elements when restoring a defect within the occlusal contour.</li><li>• Materials and layer structure for posterior tooth restoration.</li><li>• Techniques for individualization, imitation of white spots on enamel, and pigmentation of fissures.</li><li>• Restoration of the contact point and working with Class II defects.</li></ul>
11:00-11:30	<b>Coffee Break</b>
12:30-14:00	<b>Practical Demonstration</b> By the lecturer through a microscope
14:00-15:00	<b>Lunch</b>
15:00-20:30	<b>Practical Session</b>
20:30-21:00	<b>Dinner</b>
21:30-22:00	<b>Final Photo Session</b>